

Official WCDF competition dance description 2016

And Get It On

Daniel Trepas & Jose Miquel Belloque Vane

Type : 32 Count, 4 Wall, Clockwise, Cuban (Cha Cha)
Level : Classic Line Dance Novice D
Music : "Marvin Gaye" by Charlie Puth ft. Meghan Trainor (BPM 104) Pitch Down

SIDE, TOGETHER, 1/8 TURN R, LOCK STEP, SYNCOPATED HALF DIAMOND

1 LF Step L
2 RF Step together
3 LF 1/8 Turn R, step forward (1.30)
4 RF Step forward
& LF Cross behind
5 RF Step forward
6 LF Step forward
& RF 1/8 Turn L, step R (12.00)
7 LF 1/8 Turn L, step backwards (10.30)
8 RF Step backwards
& LF 1/8 Turn L, step L (9.00)
9 RF 1/8 Turn L, step forward (7.30)

FORWARD, 1/2 PIVOT TURN L, LOCK STEP, ROCK STEP, LOCK STEP

10 LF Step forward
11 RF 1/2 Turn L, step backwards (1.30)
12 LF Step backwards
& RF Cross over
13 LF Step backwards
14 RF Step backwards
15 LF Recover weight
16 RF Step forward
& LF Cross behind
17 RF Step forward

HOLD, SYNCOPATED LOCK STEPS, 7/8 TURN R, SIDE, TOUCH, HOLD, 1/4 TURN L, FLICK

18 Hold
& LF Cross behind
19 RF Step forward
& LF Cross behind
20 RF Step forward
& LF Step forward
21 RF Cross behind
22 LF 7/8 Turn R (12.00)
& RF Step R
23 LF Touch L
24 Hold
25 LF 1/4 Turn L, step forward (9.00)
RF Flick backwards

FORWARD, FULL SPIRAL TURN L, FORWARD, 1/4 TURN L, 1/8 TURN L, HOLD, HEEL BOUNCE 3X 1/8 TURN L

26 RF Step forward
27 RF Full spiral turn L (9.00)
28 LF Step forward
& RF 1/4 Turn L, step R (6.00)
29 LF 1/8 Turn L, step together (4.30)
30 Hold
31 BF Bounce heels } 1/8
& BF Bounce heels } Turn L
32 BF Bounce heels } (3.00)

World Country Dance Federation