

Sister Kate

Choreographed by [Ria Vos](#)

Description: 32 count, 4 wall, intermediate line dance

Musique: **Sister Kate** by The Ditty Bops

[Preview/purchase music](#)

Intro: 8 counts from first beat

TOE STRUTS RIGHT & LEFT, KICK-BALL-STEP, PIVOT TURN ½ RIGHT, TURN ¼ RIGHT AND STEP SIDE, POINT BACK, KICK-BALL-CROSS

1&2 Step right toe forward, lower right heel, step left toe forward, lower left heel (shimmy shoulders)

3&4 Kick right forward, step right together, step left forward

5 Turn ½ right (weight to right)

6-7 Turn ¼ right and big step left side, point right back

Option: throw arms left

8&1 Kick right diagonally forward, step right together, cross left over

HEEL JACK WITH HEEL GRIND, ROCK BACK, REC., TOUCH, KNEE SPLIT, KICK-OUT-OUT

&2 Step right slightly side, touch left heel diagonally forward

&3 Step left together, cross right heel over, step left side

4-5 Rock right back (sticking bum out), recover to left

&6 Touch right together, split knees apart, bring knees together

7&8 Kick right forward, step right side, step left side

SWIVELS, TOE STRUTS BACKWARDS, COASTER STEP, TRIPLE FULL TURN RIGHT

1 Swivel left heel to left and right toe to right, recover to center

2 Swivel right heel to right and left toe to left, recover to center

3&4 Step right toe back, lower right heel (option: click fingers right), step left toe back, lower left heel (option: click fingers left)

5&6 Step right back, step left together, step right forward

7&8 Turn ½ right and step left back, turn ½ right and step right forward, step left forward

PIVOT TURN ¼ LEFT TWICE, CHARLESTON STEP

1-2 Step right forward, turn ¼ left (weight to left)

3-4 Step right forward, turn ¼ left (weight to left)

5-6 Touch right forward, step right back

7-8 Touch left back, step left forward

REPEAT

TAG

After wall 1 (3:00), 3 (9:00) and 6 (6:00)

1-4 Repeat last 4 counts (Charleston step)

ENDING

You will end on count 16 (kick-out-out). Turn ¼ left after the kick, so the out-out steps will be facing front (12:00)

Although the music has a two-step rhythm, i have chosen to write the steps in half-time